

### Aama Yangri Trek

Ama Yangri is located something about 90km north of Kathmandu Valley which is highest peak that is nearest from the Capital City Kathmandu. Ama Yangri is an area inhabited by Sherpas, Tamangs and Chhetries under Helambu Circuit trekking which is one of the famous destinations for the travelers which lies in the Sindupalchok district under the Langtang National park. Helambu Circuit Trekking also well-known as “Hyolmo Heritage” is an easy, natural and geographically fascinating trekking tour that visitors can experience the mountains of Majestic Himalayan scenery, great opportunity to experience Green Landscapes and unique Hyolmo Culture. It is naturally and geographically fascinating trekking tour that travelers can experience the mountains of Majestic Himalayan scenery, great opportunity to experience Green Landscapes and Hyolmo culture.



### **Day 01: Kathmandu- Timbu- Tarkeghyang**

Today morning our trek start to Aama yangri from Kathmandu our tour representative pick you and drive our first day tour to Timbu following Zerokilo, Melamanchi, Helambu to reach Tarkeghyang, observing beautiful surrounding we arrived in Tarkeghyang, roam around enjoying the landscape of the area, will visit Trakeghyang gumba and beautiful surrounding, rest overnight stay in Tarkeghyang.

Lunch en-route, Dinner and overnight stay in Tarkeghyang

**Day 02: Tarkeghyang- Aama Yangri peak – Tarkeghyang and drive to Kathmandu**

Today morning after breakfast we our trek start to AamaYangriby observingbeautiful landscape and passing via lush jungle trails with beautiful surrounding after 3-4hrs of uphill trek we will reach in Aama Yangri peak from where we catch the sunrise view with spectacular view of Gaurisankar Himalaya range we spend quality time there and descend back to Tarkeghyang via Aama Yangri after 2-3hrs of downhill trek we reach in Tarkeghyang and after some refreshment we drive back to Kathmandu following same route as day 1.

Breakfast at Hotel, Lunch en-route

**Tour Highlights**

- Tarkeghyang sightseeing, Monastery and surrounding
- Aama Yangri base camp, Aama Yangri peak and surrounding

**INCLUDE**

- ✓ Ground Transportation (Scorpio)
- ✓ All Meals (Breakfast, Lunch (Veg) and Dinner (Non-veg))
- ✓ Hotel Accommodation on sharing basis
- ✓ Sightseeing
- ✓

**EXCLUDE**

- ✓ Personal Expenses
- ✓ Entrance fees
- ✓ Anything beyond our control (natural disaster and strike)

**Travel essentials you must carry**

- Thermal wears; Warm Cap, Jacket, Sweater, Trouser, Gloves and socks
- Regular medicine
- Trekking boots

- Trekking trousers
- Sunglass, Sun Block Lotion
- Other personal belongings (Towel, Toothpaste, Tooth Brush, Soap, Lip guard)

